

1202 NE 8th Avenue • Gainesville, FL 352-378-9870

Breakfast All Day • Monday - Friday • Lunch 11am - 3pm



All Paninis, Sandwiches and Wraps are served with the side of the day. Gluten Free millet bread available upon request.

Turkey & Brie Pressed on whole wheat bread with our roasted red pepper aioli. 8.50

Roasted Pork Thinly sliced pork, caramelized onions, provolone and roasted garlic aioli pressed on a whole wheat sub roll. 8.25

Muffaletta Mixed olive tapenade, salami, ham and swiss pressed on a white sub roll. 8.50

Grilled Tempeh & Vegetable Marinated and grilled seasonal vegetables and tempeh with Dijon mustard and your choice of swiss, provolone or vegan cheese pressed on whole wheat bread. 7.50

Peachy Keen Sliced turkey, provolone and peach aioli pressed on a whole wheat sub roll. 8.25



Rosemary Chicken Salad With lettuce and tomato in a whole wheat wrap. 7.50

Moroccan Chicken Salad Flavored with oranges, dates and cardamom in an herb wrap with lettuce and tomato. 7.50

Curry Chicken Salad Our mildly spiced curry base, onions and green peppers in a spinach wrap with lettuce and tomato. 7.50

Blackened Flounder Wild caught fillet with our special spice blend wrapped in a flour tortilla with pico de gallo, lettuce and cheddar. 8.50



Turkey Club Sub Turkey, bacon, lettuce, tomato, swiss and honey mustard on a whole wheat sub roll. 8.25

Buffalo Tempeh Local tempeh tossed in our buffalo sauce. Served on a ciabatta roll with lettuce, tomato and bleu cheese aioli (vegan bleu cheese available). 8

Egg Salad BLT Lettuce, tomato, bacon and our delicious egg salad on toasted whole wheat bread. 7.50



Red, Blue and Green Salad with Grilled Chicken or Grilled Tempeh Organic baby greens with green apples, bleu cheese, walnuts, croutons and a side of our raspberry vinaigrette. 9.25

East End Salad Organic baby greens topped with any of our chicken salads, sliced grilled chicken or grilled tempeh. Served with croutons and a side of our balsamic vinaigrette. 8

Egg Salad BLT Salad Simply perfect egg salad over organic greens with bacon, tomatoes, croutons and a side of our Dijon vinaigrette. 8

Tabbouleh Platter Our delicious quinoa tabbouleh, flavored hummus, Kalimata olives and feta served with our house made pita chips or millet chips. 8.50

Soup and Salad A bowl of our house made soup and a salad of baby greens with tomatoes, cucumbers, croutons and a side of our balsamic vinaigrette. 8



Soup of the Day Made in house - see the specials board for today's selection. Cup 3 Bowl 4

Gazpacho Soup A refreshing classic cold tomato based soup. Cup 3 Bowl 4



Fountain Drinks Barq's Root Beer, Diet Coke, Coke & Sprite 1.50

Lemonade 1.50
Brewed Iced Teas Brewed Daily.
Sweet or Unsweet 1.50

Hot Tea We have a fine selection. 1.75

Coffee Our select blend that is sure to please. 1.75 lced, Flavored or both 2.25

French Press Coffee Dark, Medium-Dark or Medium Organic served how coffee was meant to be enjoyed. 4.50

Juice Apple, Cranberry or Orange 1.50 / 3

Breakfast on back ----

Breakfast All Day

Huevos Rancheros 2 eggs over medium, topped with cheddar cheese and our house made salsa atop a crispy corn tortilla, black beans and roasted breakfast potatoes. Can be vegan with our "Tofu Eggs" and vegan cheese. 9

TBM Omelet Fluffy 3 egg omelet with tomato, our tasty basil pesto and mozzarella. Served with your choice of smoked Gouda grits or roasted new potatoes. 8

SMS Omelet Fluffy 3 egg omelet with Swiss cheese, mushrooms and spinach. Served with vour choice of smoked Gouda grits or roasted new potatoes. 8

Tempeh Scramble Grilled Artie's Tempeh with spinach, mushrooms, tomato and cheddar OR vegan cheese. Served with your choice of smoked Gouda grits or roasted new potatoes. 8

Waffle Our very popular plain or blueberry waffle with 2 eggs any style and your choice of side. Available Gluten Free/Vegan. 8.50

French Toast Thick crust french bread soaked in cinnamon and vanilla custard with 2 eggs cooked your way. Served with your choice of side. 8.50

Breakfast Burrito Scrambled eggs and cheddar in a flour tortilla served with smoked Gouda grits or roasted new potatoes. 8

CHOICE OF:

Meat: Bacon, Sausage & Ham -OR-

Veggie: Tomato, Mushroom, Spinach & Onion -OR-Combo: Bacon, Sausage, Tomato, Spinach & Mushroom

Simple Spuds Roasted new potatoes with our house made salsa, cheddar cheese and a dollop of sour cream. 5

Super Spuds Roasted new potatoes with our house made salsa, cheddar cheese, sour cream and bacon. 6.50

Add an egg - 1.95 / 2 eggs - 2.50

Blue Plate 2 eggs any style served with your choice of smoked Gouda grits or roasted new potatoes, scratch biscuit or toast and choice of sausage, thick bacon or turkey bacon. 7.50

Sunday Brunch. 9:30 - 3:00